



ZERO SUGAR children's DHA™ vegetarian GUMMY CHEWS

Support for children's brain health and cognitive function*

- ✓ 250 mg of DHA from algae oil (no fish oil)
- ✓ Supports brain health and normal brain function*
- ✓ Promotes cognitive health and function*
- ✓ Supports DHA sufficiency in children*
- ✓ Delicious, passion fruit-lemon taste in a tasty chew

Children's DHA Vegetarian Gummy Chews offer highly concentrated omega-3 DHA from algae in delicious passion fruit-lemon gummies that children ages 3+ are sure to love. With 250 mg of DHA per serving, these tasty gummies provide growing children with a certified vegan source of the omega-3 DHA they need to support cognitive health and normal brain function.*

- Structural and functional support for children seeking a vegan source of DHA*
- Derived exclusively from 100% vegan marine microalgae



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Frequently Asked Questions

Q: Do these omega-3 supplements provide ALA or preformed DHA?

A: Unlike other plant-based sources of omega-3 fatty acids (such as flaxseeds, chia seeds, hemp, and walnuts) which provide alpha-linolenic acid (ALA), these soft gels contain preformed DHA that the body can readily utilize. Because the human body can only convert a small percentage of essential ALA to EPA and DHA, it is generally recommended that vegetarians obtain DHA from a direct source, such as algae oil.^{1,2}

Q: How is the DHA in this product derived?

A: Our algae oil is derived from *Schizochytrium sp.*, a unique unicellular marine microalgae that produces DHA.³ It is extracted from algae by way of a non-GMO enzyme, which ruptures the cell wall and releases the oil. Isopropyl alcohol is then added to separate the oil from the water but is ultimately removed by evaporation and distillation so that no detectable residues remain in the final product.

Q: Why are these gummies also referred to as “chews”?

A: These gummies are referred to as “chews” to highlight their patented emulsification technology and chewable delivery system. By providing DHA within a pectin matrix that packages lipid nutrients in billions of microscopic oil droplets, this delivery format increases the surface area of the nutrients and allows for more efficient absorption in the gut.⁴ Additionally, their chewable delivery system can engage digestive processes which assist in the breakdown of the lipid nutrients for easier absorption.⁵

Q: How are these gummy chews sweetened?

A: In lieu of sugar, these gummy chews are sweetened with xylitol. Xylitol is a sugar alcohol that is commonly used as a sweetener. It can be found naturally or artificially prepared, and is believed to possess certain health benefits, including support for oral hygiene.⁶

Q: What is the intended age range for this product?

A: These tasty gummies are recommended for children ages 3 to 12, but may be consumed by anyone ages 3 and older seeking a direct source of plant-based DHA.

Q: Does this product contain any EPA?

A: Children’s DHA Vegetarian Gummy Chews are made with a plant-based algae oil containing primarily DHA and trace amounts of EPA. DHA is the predominant omega-3 found in the brain and eyes, and considered the more important omega-3 for brain and nervous system function.⁷ Accordingly, these gummy chews offer targeted support for cognitive function and nervous system health.*

Q: Can these gummies be paired with another omega-3 product containing EPA?

A: Yes. If the desired result of supplementation is to support overall health and wellness (e.g., mood, immune health, etc.), these gummies can be safely paired with another omega-3 formula containing DHA and EPA, or other foundational supplements providing vitamins, minerals, or probiotics.*

Supplement Facts

Serving Size: 1 Gummy Chew
Servings Per Container: 30

Amount Per Serving	%DV**1	%DV**2
Calories	5	
Total Carbohydrate	<1 g	<1%
Total Sugars	0 g	†
Includes Added Sugars	0 g	0%
Sugar Alcohol	<1 g	†
Sodium	10 mg	<1%
Total Omega-3 [‡]	250 mg	†
DHA (Docosahexaenoic Acid)	250 mg	†

* Percent Daily Values are based on a 1,000 calorie diet.
** Percent Daily Values are based on a 2,000 calorie diet.
1 Daily Value (DV) for children 3 years of age.
2 Daily Value (DV) for children over 4 years of age.
† Daily Value not established.
‡ DHA in triglyceride form (rTG).

Ingredients: xylitol, purified water, marine algal oil (from *Schizochytrium sp.*), sorbitol, pectin, trisodium citrate, malic acid, natural flavors, ascorbic acid, sunflower lecithin, tricalcium citrate, natural mixed tocopherols (antioxidant), stevia extract (steviol glycosides), beta-carotene (color).

**No gluten, milk derivatives, or synthetic dyes.
Not a reduced calorie food.**

30 Gummy Chews



Flavor	Item Number	UPC Code	Chews Per Box	Days of Use	Case Qty	Unit W" x H"	Case L" x W" x H"	Unit lbs.	Case lbs.	MSRP	WS
Passion Fruit Lemon	01707	7 68990 01707 0	30	30	36	3.86 x 6.42	11.81 x 6.88 x 12.40	TBD	TBD	\$32.95	\$19.77

References

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4. Helander HF, Fändriks L. *Scand J Gastroenterol.* 2014. 49(6): p. 681-9.
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6. Gasmil Benahmed A, et al. *Appl Microbiol Biotechnol.* 2020. 104(17): p. 7225-7237.
7. Kuratko CN, et al. *Nutrients.* 2013. 5(7): p. 2777-810.

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