

MEDIA CONTACT:

Lisa Lazarczyk, LAZ PR

Tel: 617.838.7327 or lisa@lazpr.com

**MAMA BIRD EXPANDS BRAIN-FIRST NUTRITION INTO INFANCY WITH
NEW INFANT MULTI+ DROPS FOR THE FIRST 1000 DAYS**

DENVER (May 13, 2026) – [Mama Bird®](#), a brain-first nutrition brand designed for the First 1000 Days and beyond, today announced the launch of its new [Infant Multi+ Drops](#), a liquid multivitamin formula for babies ages 6–12 months that extends its science-backed approach into infancy.

The First 1000 Days – spanning pregnancy through a child’s second birthday – represent a critical window for brain development, when the foundation for learning, memory, mood, and behavior is established.

Created by board-certified neurologist and mother Dr. Mika Gupta, Mama Bird was founded to help families support lifelong brain health from the very beginning. With the introduction of Infant Multi+ Drops, the brand extends its support into infancy, offering targeted nutrition during this next phase of development.

Mama Bird Infant Multi+ Drops is a liquid multivitamin made with bioavailable, brain-ready nutrients that are easy for infants to absorb. The formula includes methylated B vitamins (folate, B12, and B6) and vitamin D3, which support cognitive development, sensory processing, and early learning pathways.

“Parents want to give their babies the best possible start, but they’re often navigating an overwhelming amount of information about what actually matters,” said Dr. Gupta. “We created Infant Multi+ Drops to simplify that, offering an approachable way to support brain development during this important stage of the First 1000 Days.”

Designed with both babies and parents in mind, the liquid format allows for easy, flexible delivery, while the clean, gentle formulation supports infants’ developing digestive systems without unnecessary additives or complexity.

With the addition of Infant Multi+ Drops, Mama Bird now supports families across all key stages of early development – from prenatal through infancy and childhood – with a consistent focus on brain-first nutrition during the First 1000 Days and beyond.

Key Features of Mama Bird Infant Multi+ Drops:

- Liquid multivitamin for infants ages 6–12 months
- Designed to support brain development during the First 1000 Days
- Includes bioavailable, methylated nutrients for optimal absorption
- Supports cognitive function, sensory processing, and early learning
- Clean, gentle formula designed for developing digestive systems

Mama Bird Infant Multi+ Drops are available now at lovemamabird.com.

About Mama Bird

Mama Bird is the first supplement brand built around brain-first nutrition for pregnancy, postpartum, childhood, and adulthood. With carefully selected, highly absorbable ingredients that support cognitive wellness, Mama Bird empowers families to nurture bright minds from the very beginning. Learn more at lovemamabird.com and follow on [Instagram](#), [Facebook](#), [TikTok](#), and [YouTube](#).