



Stop guessing what's on your plate and start knowing. The [Taylor Smart Nutrition Kitchen Scale with Precision Hub App](#) connects via Bluetooth to the Taylor Precision Hub App to combine precise food weighing with digital health tracking. Effortlessly monitor calories, fats, carbohydrates, and protein on any compatible mobile device. The scale accurately reads ingredient weights up to 11lb x 0.1 oz / 5000g x 1 g / 176 fl oz x 0.1 fl oz / 5000 mL x 1 mL. Use the UNIT button to quickly switch between grams, pounds/ounces, and specialized liquid volume modes. You can easily customize your daily calorie intake goals and manually adjust your macro targets. The app features an integrated grocery barcode scanner, automatic mealtime allocation based on time of day, and switchable tracking for components such as fiber, sodium, sugar, and vitamins. The convenient TARE button zeroes out container weight so you can accurately measure multiple ingredients in a single bowl. Features an extended 9-minute auto-off window when paired with the app, giving you plenty of time for recipe and meal building. Securely stores up to 8 distinct user profiles within the app ecosystem. Track your historical progress across daily, weekly, or monthly calendar trend views, and use direct app-to-app data transfers with paired profiles such as Apple Health and Fitbit. Whether you are a fitness enthusiast hitting specific macros or someone navigating complex dietary restrictions, the Taylor Smart Nutrition Kitchen Scale provides the clarity and confidence needed to track health trends and make informed decisions for achieving optimal wellness. \$39.99, TaylorUSA.com